

The Center for Children's Health

led by Cook Children's

Cook Children's Promise is to improve the health of every child in our region through the prevention and treatment of illness, disease and injury. Our Center for Children's Health uses children's health data to build health programs and collaborations that combine to make North Texas the healthiest place for children.

Safe Kids North Texas Coalition

Working together in a long-term, multifaceted effort to prevent unintentional childhood injury

(Based in Fort Worth)
Founded in 1992 as Safe Kids Tarrant County. Expanded to Safe Kids North Texas – FW in 2019



Safe Baby Sleep Council

Empowering our community to ensure every baby is sleeping safely in order to thrive

(Based in Fort Worth)
Initiated in 2015, Founded in 2019



Child Passenger Safety



- Provides free car seat checks to instruct families on safe installation
- Distributes new car seats to families with urgent needs
- Educators are nationally certified Child Passenger Safety Technicians/Instructors
- National certification courses offered to those interested in becoming certified technicians
- Statewide tech recertification course in partnership with Safe Kids Worldwide

Drowning Prevention



- Nationally recognized Lifeguard Your Child® campaign
- Provide educational toolkits and collateral to partners in 8 counties
- Install Cook Children's Loaner Life Jacket Stations at area lake entry points
- Membership to Water Safety Club which provides free water safety lessons, life jackets, pool alarms, etc.

Poison Prevention



- Provides poison / medication safety education to families: safe dosing, safe storage, safe disposal
- Distributes medication lock boxes to families upon completion of educational sessions
- Train safety ambassadors to teach families how to recognize and properly store poisons inside the home
- Offer poison prevention train-the-trainer courses to professionals
- Opioid Stewardship which promotes responsible pain management options and prescribing practices

Gun Safety



- Cook Children's Aim for Safety® initiative- Safe storage. Safe children. Safe play.
- This is not about whether guns are right or wrong. It's about protecting our children
- Provide gun safety education to professionals and families
- Research based family interventions designed to help reduce the number injuries caused by guns

Safe Baby Sleep Council



- Helps to lower Tarrant County's infant morbidity rates and educate families on safe infant sleep practices
- Provides safe sleep education to families
- Offer safe baby sleep train-the-trainer courses to professionals
- Partner with local organizations to provide families with safe sleep resources

For additional information please contact us at Safe.Kids@cookchildrens.org